Strength, speed and endurance. Boxers preparation by circuit training method.

Submitted by admin on Fri, 30/08/2013 - 01:08

- Boxing [1]
- Training Movie [2]



[3]

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Точка доступа:
Код для сайта:

Basic data

Movie category	Training
Program name	Strength, speed and endurance. Boxers preparation by circuit training method.
Studio	SoyuzSportFilm
Year	1981
Sport	Boxing

Authoring team

Author	V.Kiselyov
Consultant	V.Cherny, PhD, Honorary Master of Sports
Stage director	G.Zurmukhtashvili

Operator	V.Shaytanov
	A.Sidorenko
Soundman	L.Zhukov
Montage	M.Petrova
Split-screen	D.Smirnov
	B.Koryagin
	I.Kutsenko
	Yu.Kochergin
Editor	V.Sapozhnikov
Director	V.Rodionov

Specifications

Duration (H:M:S)	18:21:24
Colour	B/W
Формат	16 mm film